

PRESCHOOL ACTIVITIES (CONT.)

Tots Tae Kwon Do (6 classes)

Basics for beginners: work on concentration, motor skills and positive behavior applications along w/fun.

Tiny (3-4 yr. old): Mon., 3:30-4:15 p.m., July 9-Aug. 13 (#14310)

Tiger (4-5 yr. old): Tues., 10:15-11 a.m., July 10-Aug. 14 (#14309)

Location: Hbg. Inst. Tae Kwon Do, 5000 Linglestown Rd.
Fee: \$35R/\$38NR

Smurfs Soccer w/Ricardo (Ages 3½-6) (4 classes)

(Must be age 3 as of 1/1/12) Instructional clinic with age-appropriate skills, drills and games.

Dates: Sun.-Wed., 6:05-6:55 p.m., July 8-11 (#14517)

Tues./Thurs., 6:05-6:55 p.m., July 24-Aug. 2 (#14518)

Sat., 9-10 a.m., Aug. 11-25 (#14516)

Location: Kohl Park

Fee: \$45R/\$50NR

Petite Picasso w/Tavia (Ages 4-6) (6 classes)

Young artists unleash their creativity studying famous artists, learn about the elements of design, and explore a wide variety of art media/methods. Experienced art teacher. Come dressed for an art-making mess!

Dates: Wed., 10:15-11:15 a.m., July 25-Aug. 15

Location: Friendship Center, Room 112

Fee: \$43R/\$48NR/\$35M (includes \$15 material fee) (#14455)

Pee Wee Golf (Ages 4-7) (4 classes)

Taught by age-specific instructors in an enjoyable, non-threatening atmosphere.

Dates: Sat., 10:30-11 a.m., June 2-23 (#14123)

Thurs., 11-11:30 a.m., July 5-26 (#14120)

Fri., 9:30-10 a.m., Aug. 3-24 (#14122)

Location: Bumble Bee Hollow

Fee: \$55R/\$60NR

Kids Zumba (Ages 4-7) Little Starz (6 classes)

Zumba for kids! Fun and fitness all in one!

Dates: Thurs., 6:45-7:15 p.m., July 12-Aug. 16

Location: Friendship Center, Room 112

Fee: \$36R/\$39NR/\$26M (#14548)

Arty Animals w/Suze (Ages 4-8) (5 classes)

This week young students will get messy while creating arty animal projects. Children will use a variety of media to explore art techniques like painting, collage, printmaking, and primitive sculpture.

Dates: Monday-Friday, June 18-22, 3-4 p.m.

Location: Friendship Center, Room 106

Fee: \$42R/\$45NR/\$35M (#14519)

FALL 2012 PRESCHOOL EARLY REGISTRATION

Morning Fun Time (Ages 2½-3)

Mon./Wed., 9:30-11:30 a.m. (starts 9/5)

Fee: \$159R/\$169NR/\$123M (#14018)

Preschool Pals (Ages 3-4)

A. Tue./Thu., 9:30 a.m.-noon (starts 9/6) (#14016)

B. Tue./Thu., 1:00-3:30 p.m. (starts 9/6) (#14017)

Fee: \$181R/\$191NR/\$147M

Learning Fun Pre-K Class (Ages 4-5)

A. Mon./Wed./Fri., 9:30 a.m.-noon (starts 9/5) (#14015)

B. Tue./Wed./Thu., 1:00-3:30 p.m. (starts 9/6) (#14014)

Fee: \$257R/\$267NR/\$207M

YOUTH AND TEEN ACTIVITIES

Kids Creation Camp w/Suze (Ages 6-10) (4 classes)

Design creations and get messy with projects, play art games, experience different media. The end of the week, host an art exhibit to celebrate their masterpieces.

Dates: Monday-Friday, June 11-15, 3-4 p.m.

Location: Friendship Center, Room 106

Fee: \$42R/\$45NR/\$35M (#14443)

Puppet Camp w/Tavia (Ages 6-12) (5 classes)

Learn about puppets from around the world and design/create your own puppets including hand and rod puppets, shadow puppets, and more. Students will also study plot, write scripts, and perform a puppet show.

Dates: Mon.-Fri., 9-11 a.m., Aug. 13-17

Location: Friendship Center, Room 106

Fee: \$81R/\$84NR/\$69M (includes \$20 material fee) (#14446)

American Girl Doll Class (Ages 5-10)

Bring your American Girl doll or any doll and we will design shirts, make crafts, write stories, and host a tea party. Activity fee \$4 due first day.

Dates: Mon.-Thurs., 9-10:30 a.m., June 18-21 (#14555)

Mon.-Thurs., 9-10:30 a.m., June 25-28 (#14556)

Mon.-Thurs., 9-10:30 a.m., July 9-12 (#14557)

Mon.-Thurs., 9-10:30 a.m., July 16-19 (#14558)

Fun with Lilly and Friends! (Ages 5-10)

Do you love Lilly and her plastic purse? Would you like to make your own purse? How about a fun sleepover with Wendell? (Not real just pretend!) Have fun with Kevin Henkes books and more! Each day read a new book and do a craft or activity!

Dates: Mon.-Thurs., 10:30-12 p.m., June 18-21 (#14562)

Mon.-Thurs., 10:30-12 p.m., June 25-28 (#14563)

Mon.-Thurs., 10:30-12 p.m., July 9-12 (#14564)

Mon.-Thurs., 10:30-12 p.m., July 16-19 (#14565)

Location: Friendship Center

Fee: \$72R/\$75NR/\$60M

YOUTH/TEEN (CONT.)

Intro to Tae Kwon Do (Ages 6-12) (6 classes)

Geared to develop basic techniques as well as self-defense, focus, listening skills, leadership, following directions along with fun and discipline.

Dates: Tues., 6:15-7 p.m., July 10-Aug. 4

Location: Hbg. Inst. Tae Kwon Do, 5000 Linglestown Rd.

Fee: \$47R/\$52NR (#14304)

Pee Wee Tennis (Ages 5-7) (4 classes)

Sat., 9:15-10 a.m., June 9-30 (#14172)

Sat., 9:15-10 a.m., July 7-28 (#14173)

Sat., 9:15-10 a.m., Aug. 4-25 (#14174)

Location: Brightbill Park

Fee: \$37R/\$40NR

Summer Pee Wee Tennis Camp (4 classes) (Ages 5-7)

Dates: Mon.-Thurs., June 18-21, 9-9:30 a.m. (#14299)

Mon.-Thurs., July 9-12, 9-9:30 a.m. (#14300)

Mon.-Thurs., July 23-26, 9-9:30 a.m. (#14301)

Mon.-Thurs., Aug. 6-9, 9-9:30 a.m. (#14302)

Location: Brightbill Park (rain make-ups on Fridays)

Fee: \$16R/\$19NR

Junior Tennis Camp (4 classes) (Ages 8-10)

Dates: Mon.-Thurs., June 18-21, 9:30-10:30 a.m. (#14487)

Mon.-Thurs., July 9-12, 9:30-10:30 a.m. (#14488)

Mon.-Thurs., July 23-26, 9:30-10:30 a.m. (#14489)

Mon.-Thurs., Aug. 6-9, 9:30-10:30 a.m. (#14490)

Location: Brightbill Park (rain make-ups on Fridays)

Fee: \$32R/\$35NR

Jr. Beginner Tennis w/CPTS (Ages 8-10) (4 classes)

Sat., 10-11 a.m., June 9-30 (#14179)

Sat., 10-11 a.m., July 7-28 (#14180)

Sat., 10-11 a.m., Aug. 4-25 (#14181)

Fee: \$32R/\$35NR

Junior Tennis Camp (4 classes) (Ages 10-14)

Dates: Mon.-Thurs., June 18-21, 10:30-11:30 a.m. (#14491)

Mon.-Thurs., July 9-July 12, 10:30-11:30 a.m. (#14492)

Mon.-Thurs., July 23-July 26, 10:30-11:30 a.m. (#14493)

Mon.-Thurs., Aug. 6-9, 10:30-11:30 a.m. (#14494)

Location: Brightbill Park (rain make-ups on Fridays)

Fee: \$32R/\$35NR

Strikers Soccer w/Ricardo (Ages 7-10) (4 classes)

Instructional program for beginner to intermediate players (including next-level Smurfs). Multiple aspects of game.

Dates: Tues./Thurs, 5:15-6 p.m., July 24-Aug. 2

Location: Kohl Park

Fee: \$45R/\$50NR (#14523)

Biddy Basketball (Ages 5-7) (8 classes) (register as of 5/31)

An instructional program with mini-games each week.

Dates: Tues., 6 p.m., June 5-July 24 (#14197)

-OR- Tues., 7 p.m., June 5-July 24 (#14198)

Location: Friendship Center, Gym #3

Fee: \$55R/\$58NR/\$48M (Includes shirt)

Junior Golf (Ages 8-17) (4 classes)

Progressive and fun series that covers all aspects of the game from putting to full swing.

Dates: Thurs., 4-5 p.m., July 5-26 (#14115)

Sun., 1-2 p.m., July 8-29 (#14119)

Sat., 12-1 p.m., Aug. 4-25 (#14118)

Sun., 12-1 p.m., Sept. 9-30 (#14117)

Location: Bumble Bee Hollow

Fee: \$55R/\$60NR

Advanced Beginner Tennis w/CPTS (Ages 9-15) (4 classes)

Sat., 11-12 p.m., June 9-30 (#14186)

Sat., 11-12 p.m., July 7-28 (#14187)

Sat., 11-12 p.m., Aug. 4-25 (#14188)

Location: Brightbill Park

Fee: \$37R/\$40NR

Cardio Tennis w/Ricardo (Ages 7-11)

Move to the ball in a high energy circuit. Covers sport basics and includes challenge games. Bring racquet.

Dates: Sun.-Wed., 5:15-6 p.m., July 8-11

Location: Kohl Park

Fee: \$45R/\$50NR (#14522)

Football Frenzy w/Ricardo (Ages 7-10) (4 classes)



Learn football basics and have fun. Two-hand touch recreational play.

Dates: Tues./Thurs, 7-7:50 p.m., July 24-Aug. 2 (#14531)

Sun.-Wed., 7-7:50 p.m., July 8-11 (#14530)

Sat., 10:05-11:10 a.m., Aug. 11-25 (#14532) (3 classes)

Location: Kohl Park

Fee: \$35R/\$40NR

UK Nipper Soccer Camp (Ages 5 & 6) (5 classes)

Non-competitive program. Have fun while learning and enhancing skills. Introduce and develop basic techniques. Bring shin guards/water bottle. Includes UK Camp shirt and ball. Specify shirt size on registration.

Dates: Mon.-Fri., 10 a.m.-12 p.m., August 6-10

Location: Brightbill Park

Fee: \$90R/\$95NR (#14431)

YOUTH/TEEN (CONT.)

Weaving Wonder w/Tavia (Ages 8+) (4 classes)

Textile arts are both fun and relaxing! Learn different weaving techniques to create a bookmark, bracelet, paper basket, and rug. You will need to collect your own old clothes (colorful T-shirts are great) to recycle for the rug. Other materials will be provided.

Dates: Thurs., 10:30-11:45 a.m., July 26-Aug. 16

Location: Friendship Center, Room 112

Fee: \$51R/\$54NR/\$43M (includes \$15 material fee) (#14447)

Beginning Drawing w/Tavia (Ages 12+) (4 classes) (see page 15)

Lego Challenger w/David P. (Ages 7-12) (4 classes)

Are you a Lego Master? Do you like to build? Work to meet challenges such as: The Unbreakable Lego-Mobile, Float your Lego Boat, Tower of Terror and more.

Dates: Mon.-Thurs., 9 a.m.-10:30 a.m., June 11-14

Location: Friendship Center, Room 109

Fee: \$40R/\$43NR/\$30M (#14441)

Lego Battle Tanks w/David P. (Ages 7-12) (4 classes)

Design your own tank. Use combinations to give it powers and shields. Use your tank for a game. Who will win this challenge of structure, strategy, and statistics?

Dates: Mon.-Thurs., 10:30 a.m.-12 p.m., June 11-14

Location: Friendship Center, Room 109

Fee: \$40R/\$43NR/\$30M (#14442)

Rocket Science Camp w/Tina (Ages 8-11) (5 classes)

Learn about the science of rocketry and build your own rocket. Launch off at class the last evening.

Dates: Mon.-Fri., 6-8 p.m., Aug. 6-10

Location: Brightbill Pavilion

Fee: \$95R/\$105NR (#14371)

Fun Activity Camps w/Kim and Megan (Ages 7-12)

A. Fun With Colors: Coffee filter painting, stained glass, finger painting with toes, exploring colorful foods and tie-dye. Very colorful week. Bring something to tie-dye on Thurs. \$4 supply fee due first day.

Dates: Mon.-Thurs., 9 a.m.-10:30 a.m., June 18-21 (#14537)

B. A Messy Creation: Paper Mache to make and erupt a volcano. Also decoupage to make unique creations. Wear old clothes. \$4 fee due first day.

Dates: Mon.-Thurs., 10:30-12 p.m., June 18-21 (#14538)

C. Spectacular Sand: Spend the week playing in the sand! Make art projects and join in on the sand castle contest. \$4 supply fee due first day of class.

Dates: Mon.-Thurs., 9-10:30 a.m., June 25-28 (#14535)

D. Outstanding Origami: Make creations out of a single piece of paper. \$2 fee due first day.

Dates: Mon.-Thurs., 10:30-12 p.m., June 25-28 (#14536)

Location: Friendship Center, Room 112

Fee: \$72R/\$75NR/\$60M

Advanced Junior Tennis w/CPTS (3 classes)

Raise their level of play with fast paced drills, situation/match play.

Dates: Mon., 6-7:30 p.m., May 7-21 (#14191)

Mon., 6-7:30 p.m., June 4-18 (#14192)

Location: Brightbill Park

Fee: \$36R/\$39NR

UK Youth Soccer Camp (Ages 7-14) (5 classes)

Have fun while learning the fundamental techniques to play the game. Individual skill development with a curriculum specific to age and ability. Bring shin guards and water bottle. Includes UK Camp shirt and ball.

Please designate shirt size upon registration.

Dates: Mon.-Fri., 9 a.m.-1 p.m., August 6-10

Location: Brightbill Park

Fee: \$130R/\$135NR (#14429)

Pitching Clinic w/William Felo (4 classes)

Proper mechanics of pitching and learn the important drills to practice to improve pitching with Kutztown University pitcher.

Ages 7-11: Mon., 6-7 p.m., June 4-25 (#14495)

Ages 12-18: Mon., 7-8 p.m., June 4-25 (#14496)

Location: Friendship Center, Back Field

Fee: \$30R/\$33NR/\$25M

Volleyball w/Ashley (Ages 9-13)

Designed to teach basic skills of volleyball to both beginners and those playing in middle school or club programs. Focused on passing, setting, serving, hitting and game positioning and will maintain a level of 'fun' for the campers through drills/games.

Dates: Mon.-Fri., June 18-22, 8-10 a.m.

Location: Friendship Center, Gym #1

Fee: \$36R/\$39NR/\$30M (#14457)

Youth Dodgeball Derby w/Ricardo (Ages 8-11)

Get a workout ducking, diving and dodging!

Date: Tues./Thurs., 7:55-8:45 p.m., July 24-Aug. 2 (#14521)

Sun.-Wed., 7:55-8:45 p.m., July 8-11 (#14520)

Location: Kohl Park

Fee: \$35R/\$40NR

HIGHMARK.

Fitness and Nutrition Program (Ages 8-16)

This program is designed to educate families-provide exercise options, instill proper food choices and develop a healthy lifestyle foundation for children-it will change the way kids exercise and eat. Features 20 classes including personal trainer and nutritionist! Made possible through a grant from Highmark.

Dates: Tues./Thurs., 5-6 p.m., June 19-August 23

Location: Friendship Center **Fees:** \$50 per child (#14526)

YOUTH/TEEN (CONT.)

American Red Cross Babysitting Certification (Ages 11 and up)

Must attend all classes and pass test. Certified sitters' names may be kept on file for future sitter references. Good for kids home alone!

A. Mon., Tues., Thurs., Fri., 9 a.m.-12, July 16, 17, 19, 20 (test) w/ Linda B. (#14365)

B. Mon., Tues., Thurs., Fri., 6-9 p.m., July 23, 24, 26, 27 (test) w/ Sandi B. (#14366)

Location: Friendship Center

Fee: \$57R/\$63NR/\$50M

Around the World w/Lisa M. (4 classes) (Ages 8-11)

Get ready to tour the globe this summer. Each day, we will explore a different country's culture, language and customs. Participants will make a craft, learn a game and enjoy food associated with each country.

Dates: Mon.-Thurs., 1-3 p.m., June 11-14 (#14444)

Location: Friendship Center, Conference Room

Fee: \$150R/\$155NR/\$125M (register as of 5/15)

Beginning Soap Making for Parents & Kids w/Soap-O-Therapy (Ages 6+)

Learn how to make, melt-and-pour glycerin soap. Topics include safety, equipment, soap additives and colorants, and packaging. Access to materials and supplies, and take home one pound (approx. 4 bars) of soap.

Date: Saturday, June 9, 9-11 a.m.

Location: Friendship Center, Room 109

Fee: \$40R/\$43NR/\$32M per couple (#14343)

Orienteering For Kids w/Tina (Ages 8-11) (5 classes)

Participants will learn to use a compass to find their way around and hunt for hidden treasures! Classes will be held rain or shine, so have your child dress appropriately.

Dates: Sat., 10-12:30 p.m. July 14-Aug. 11

Location: Brightbill Park

Fee: \$75R/\$80NR (#14554)

All In One Basketball Training w/Findaballer (Ages 5-14) (8 classes)

Work on shooting, passing, dribbling and the complete game techniques.

Dates: Mon., 6-7 p.m., July 9-Sept. 10 (#14327)

Sun., 4:30-5:30 p.m., July 15-Sept. 9 (#14328)

Sat., 11:30-12:30 p.m., July 14-Sept. 8 (#14329)

Location: Friendship Center, Gym #3

Fee: \$67R/\$70NR/\$56M

Kids Zumba w/Lynn (Ages 8-12) Big Starz (6 classes)

Dates: Mon., 5:30-6:15 p.m., July 9-Aug. 13 (#14511)

Location: Friendship Center, East Annex

Fee: \$36R/\$39NR/\$26M

LES MILLS BODY PUMP/CXWORX™

Summer Kick Off! BP82 and CXWORX™:

Date: Sunday, June 24, 2012, 1-2:30 p.m.

Body Pump: 1-2 p.m./CRWORX: 2-2:30 p.m. (#14454)

Location: Friendship Center, Room 118

Free! Free! Free! Must Pre-Register-limited spots.

Body Pump™ (Ages 18+)

Exciting! The 50-60-minute workout challenges all your major muscle groups by using the best weight-room exercises like squats, presses, lifts and curls. Great music, instructors and your choice of weight.

Dates: (1 day per week) (10 classes-50-60 min.)

*Mon., 7:15-8:15 p.m., July 9-Sept. 24 (#14434) (MJ)

*Tues., 4:30-5:30 p.m., July 10-Sept. 18 (#14440) (J)

Thurs., 4:30-5:30 p.m., July 12-Sept. 20 (#14439) (J)

*Thurs., 7:30-8:30 p.m., July 12-Sept. 20 (#14436) (C)

Fri., 10-11 a.m., July 13-Sept. 21 (#14560) (J)

Fri., 5:40-6:30 a.m., July 13-Sept. 21 (#14435) (MJ)

Sat., 9:15-10:15 a.m., July 14-Sept. 22 (#14433) (MJ)

Dates: (2 days per week) (20 classes-50-60 min.)

Mon./Wed., 9:30-10:30 a.m., July 9-Sept. 24 (#14437) (MJ)

Mon./Wed., 5:40-6:30 a.m., July 9-Sept. 24 (#14438) (MJ) (J)

Location: Friendship Center, Room 118 (*East Annex)

Fee: (1 day) \$47R/\$50NR/\$35M

(2 day) \$94R/\$97NR/\$70M

Instructor Code: (MJ) Mary Jo, (J) Jodie, (C) Carly

CXWORX™ w/Mary Jo (Ages 18+) (10 classes)

A 30-minute format combines personal training with energy of group fitness. Choreographed routines w/ great music! Works on the torso and sling muscles that connect your upper body to your lower body. Ideal for tightening your tummy and butt, and also improves functional strength and assisting in injury prevention.

Dates: Mon., 5:30-6 p.m., July 9-Sept. 24 (#14332)

Tues., 9:30-10 a.m., July 10-Sept. 18 (#14333)

Wed., 5:30-6 p.m., July 11-Sept. 19 (#14334)

Fri., 6:35-7:05 a.m., July 13-Sept. 21 (#14335)

Sat., 10:30-11 a.m., July 14-Sept. 22 (#14336)

Fee: \$47R/\$50NR/\$35M

Location: Friendship Center, Room 118

Teen "Camp Max" Weight Loss Program w/Bentz

A one week intensive camp designed to teach youth and teens health, nutrition and fitness.

Session I: Mon-Fri., 9 a.m.-3 p.m. July 23-27 (#14546)

Session II: Mon.-Fri., 9 a.m.-3 p.m., Aug. 13-17

(#14547)

Location: Max Fitness, LLC, 3401 N. 6th St., Hbg.

Fee: \$95R/\$105NR